



Sheikh Zayed International Academy - Islamabad

أكاديمية الشيخ زايد الدولية - إسلام آباد



SZIA MENU

FIRST BREAK

Monday, January 10, 2022

- Daal and Rice

Tuesday, January 11, 2022

- Crispy Chicken Burger/ French Fries/ Coleslaw Salad

Wednesday, January 12, 2022

- Spaghetti / Meat Balls

Thursday, January 13, 2022

- Vegetable Chow mein

Friday, January 14, 2022

BAKE SALE

Hummus/ Potato Harra/ Naan/ Cheese Cake
Rs. 220

SECOND BREAK

Monday, January 10, 2022

- Chocolate Cup Cakes Rs. 80
- Pop Corn Rs. 80

Tuesday, January 11, 2022

- Cream Puffs 80
- Strawberry Jell-O 80

Wednesday, January 12, 2022

- Pancakes Rs. 80
- Strawberry Jell-O Rs. 80

Thursday, January 13, 2022

- Hash Browns 80
- Vanilla Cupcakes Rs. 80



FIRST BREAK

SECOND BREAK

Monday, January 17, 2022

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- Pizza

- Brownies Rs. 100
- Popcorn Rs. 80

Tuesday, January 18, 2022

Tuesday, January 18, 2022

- Chicken Karahi/ Naan

- Fruit Trifle Rs. 100

Wednesday, January 19, 2022

Wednesday, January 19, 2022

- Rice Pulao / Raita

- Cinnamon Rolls Rs. 100
- Orange Jell-O Rs. 80

Thursday, January 20, 2022

Thursday, January 20, 2022

- Pasta with white Sauce and Cheese

- French Toast Rs. 100
- Orange Jell-O Rs. 80

Friday, January 21, 2022

BAKE SALE

Chicken Quesadilla / French Fries/ Donuts
Rs. 220

FIRST BREAK

SECOND BREAK

Monday, January 24, 2022

Monday, January 24, 2022

- Lasagna/Garlic Bread

- Chocolate Cake Rs. 80
- Popcorn Rs. 80

Tuesday, January 25, 2022

Tuesday, January 25, 2022

- Chicken Biryani / Raita

- Waffles / Nutella/ Fresh Cream
Rs. 100

Wednesday, January 26, 2022

Wednesday, January 26, 2022

- Daal and Rice

- Carrot Cake Rs. 80
- Basboosa Rs. 80

Thursday, January 27, 2022

Thursday, January 27, 2022

- Pizza

- Fruit Salad Rs. 80

Friday, January 28, 2022

**Crispy Chicken Burgers/ French Fries/
Molten Cake with Fresh Cream
Rs. 250**

Monday, January 31, 2022

Monday, January 31, 2022

- Vegetable Chow mein

- Cheese Sandwiches 80