



Sheikh Zayed International Academy - Islamabad

أكاديمية الشيخ زايد الدولية - إسلام آباد



SZIA MENU

FIRST BREAK

Monday, March 06, 2023

- Brownies

Tuesday, March 7, 2023

- Strawberry Jell-O

Wednesday, March 8, 2023

- French Toast

Thursday, March 9, 2023

- Vanilla Cupcakes

Friday, March 10, 2023

BAKE SALE: Kabab sandwiches and French Fries

SECOND BREAK

Monday, March 06, 2023

- Vegetable Pasta

Tuesday, March 7, 2023

- Chicken Qorma & Naan

Wednesday, March 8, 2023

- Daal (Lentil) & White Rice

Thursday, March 9, 2023

- Pizza



FIRST BREAK

Monday, March 13, 2023

- Chocolate Cake

Tuesday, March 14, 2023

- Popcorn

Wednesday, March 15, 2023

- Pancakes

Thursday, March 16, 2023

- Cheese and Garlic Slices

Friday, March 17, 2023

BAKE SALE: Chicken Shawarma Sandwiches and French Fries

SECOND BREAK

Monday, March 13, 2023

- Bechamel Spaghetti

Tuesday, March 14, 2023

- Dynamite Chicken and Vegetable Chow mien

Wednesday, March 15, 2023

- Lasagna

Thursday, March 16, 2023

- Rice Pulao and Raita

FIRST BREAK

Monday, March 20, 2023

- Carrot Cake

Tuesday, March 21, 2023

- Strawberry Jell-O

Wednesday, March 22, 2023

- Jam Tarte

Thursday, March 23, 2023

- Cheesy Crispy Fries

Friday, March 24, 2023

BAKE SALE: Potato Sandwiches & Juice

SECOND BREAK

Monday, March 20, 2023

- Baked Spaghetti

Tuesday, March 21, 2023

- Kofta Curry & Naan

Wednesday, March 22, 2023

- Pizza

Thursday, March 23, 2023

- Daal (Lentil) & White Rice



FIRST BREAK

SECOND BREAK

Monday, March 27, 2023

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- Vanilla Cupcakes

- Vegetable Pasta

Tuesday, March 28, 2023

Tuesday, March 28, 2023

- Rice Pudding

- Crispy Chicken Burgers & French Fries

Wednesday, March 29, 2023

Wednesday, March 29, 2023

- French Toast

- Vegetable Biryani & Raita

Thursday, March 30, 2023

Thursday, March 30, 2023

- Cream Puffs

- Lasagna

Friday, March 31, 2023

BAKE SALE: Tawooq Sandwiches & French Fries

FIRST BREAK

Monday, April 3, 2023

- Banana Bread

Tuesday, April 4, 2023

- Sugar Pastry

Wednesday, April 5, 2023

- Brownies

Thursday, April 6, 2023

- Pancakes

SECOND BREAK

Monday, April 3, 2023

- Spaghetti and Red Sauce

Tuesday, April 4, 2023

- Hummus, Potato Harra & Bread

Wednesday, April 5, 2023

- Rice Pulao & Raita

Thursday, April 6, 2023

- Baked Chicken & Potato Wedges

